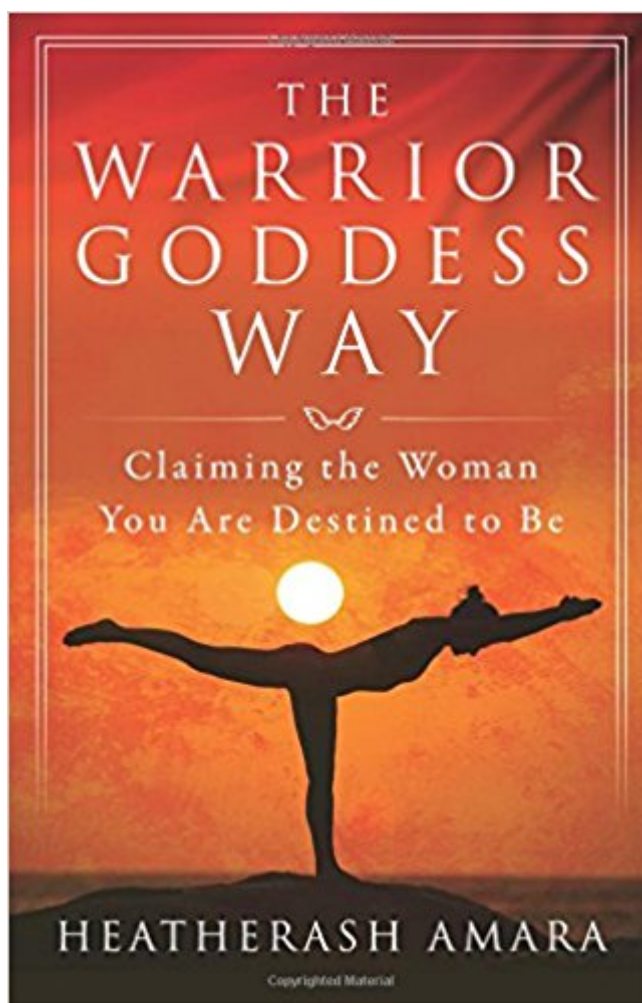


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The Warrior Goddess Way: Claiming The Woman You Are Destined To Be



Synopsis

Learn the Way of the Warrior Goddess Since its publication a short time ago, Heather Ash Amara's Warrior Goddess Training has become much more than just a book – its ten lessons have inspired thousands of women around the world to reclaim their power, their passion, and their freedom. In this much anticipated follow-up, The Warrior Goddess Way, Amara goes deeper, revealing three additional pillars of Warrior Goddess living that readers can apply to travel further down this sacred path: Wisdom, Authenticity, and Yes! Wisdom arises naturally when we learn to listen. Not to the voices in our head, but the voices in our cells, our natural discernment, and our creative knowing. Authenticity is embracing your vulnerability, your silliness, and owning all your superpowers. It's accepting and loving what is, not what "should be." Yes! is about celebrating everything. All the time. (Even your greatest defeats.) In exploring these three pillars, Amara delves into topics such as forgiveness, relationships, and finding your inner stillness. You will learn the art of maintaining emotional balance, cultivating self-respect, practicing heartfelt communication, and the power of consciously embracing life's beginnings and endings. Like Warrior Goddess Training, this book is packed full of exercises and explorations designed to help you integrate the Warrior Goddess Way into your everyday life. You CAN learn to enjoy everything you do. Your potential for dancing through life is waiting to be awakened. Live the Warrior Goddess Way and claim the woman you are destined to be.

Book Information

Paperback: 192 pages

Publisher: Hierophant Publishing (October 24, 2016)

Language: English

ISBN-10: 1938289579

ISBN-13: 978-1938289576

Product Dimensions: 5.4 x 0.7 x 8.4 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 34 customer reviews

Best Sellers Rank: #22,837 in Books (See Top 100 in Books) #9 in Books > Religion & Spirituality > New Age & Spirituality > Goddesses #11 in Books > Religion & Spirituality > New Age & Spirituality > Shamanism #666 in Books > Self-Help > Personal Transformation

Customer Reviews

HeatherAsh Amara is the author of Warrior Goddess Training, Warrior Goddess Training Companion Workbook, and The Toltec Path of Transformation. Raised in Southeast Asia, HeatherAsh has traveled the world and brings an openhearted, inclusive worldview to her writings and teachings, which are a rich blend of Toltec wisdom, European shamanism, Buddhism, and Native American ceremony. Visit her online at www.heatherashamara.com.

Life changing strong powerful medicine for every woman. The series of these books hold valuable tools we all need - THANK YOU HeatherAsh Amara

HeatherAsh's book is one of my favorite books in the past 10 years! I am a tough critic when it comes to women's empowerment books - and this work of art passed with flying colors! Why? Because its grounded in spiritual and esoteric practices - and more importantly - HeatherAsh gives the reader easy and practical lessons to apply deep and powerful teachings we all need to use in our lives. If you want a book that you can easily understand and you are yearning for a deeper connection to yourself and the world around you, pick up this book today! Thank you HeatherAsh! You are on of my sheroes.

Really interesting book.

Good read. Follows up on the companion book well.

Such a well written, easy to understand and use book. HeatherAsh Amara has offered a great guide for healthy living and being myself.

So far so great , can't wait to finish both books!

Love this book! I've read it more than once and always find some new truth that is so applicable to my life. Would highly recommend!

I absolutely love this book! I ordered the companion book after I started taking notes all over the original, and now I'm going through it again with 2 of my friends. They love it as well!

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